

June 16, 2022

Dear Lorien Families,

We're finally approaching summer! It's hard to believe that it's been two and a half years since I began sending you these Family Letters to provide transparent updates and critical information to help us navigate a life-changing pandemic together. As a sense of normality begins to return to our communities, I'm pleased to shift the tone of this letter to sharing a few important reminders and some positive updates for June.

Father's Day Visitation

We know all the fathers in our care will be excited to see their families this weekend to celebrate Father's Day. If you and your family are planning a visit, the best gift you can give dad or loved one is good health and freedom from infection.

Before you visit, please test yourself for Covid-19 whether you are experiencing symptoms or not. In this regard, we've learned the virus can linger and leave people infectious for longer than we previously knew. We have even observed a number of our staff and residents test positive despite being updated with their vaccination and boosters. So with the threat of Covid-19 still lurking, it's always better to be safe than sorry. As a reminder, you can order free home testing kits from the government, click [here](#) to order yours today.

Additionally, we strongly encourage you to keep up to date with vaccination and boosters. As the Centers for Disease Control reports, COVID-19 vaccine boosters can further enhance or restore protection that might have decreased over time after your primary series of vaccinations. People are protected best from severe COVID-19 illness when they stay up to date with the vaccines. This includes getting all recommended boosters when eligible. For more information, please refer to the CDC website: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html>

We're Celebrating Elkridge's 10th Anniversary ... on TikTok!

It turns out that you CAN teach an old dog new tricks, or at least to use a new social media platform! Our Lorien Elkridge facility is approaching a milestone of serving the community and delivering patient centered care for 10 years. We are highlighting this milestone by launching our presence on TikTok with a very exciting contest with many monetary prizes to be given to viewers who interact with the videos. We're also using TikTok as a recruitment tool and we hope this launch will expand our Lorien brand and attract more candidates. **The TikTok contest begins on Monday, June 19, 2022 so please follow us on [Facebook](#), [Twitter](#) or [Instagram](#) (and soon, TikTok) to get the latest news and contest rules.**

Wellness Days for Team Lorien

Our team's whole-body health program is extremely important and we understand how it positively

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impacts the care we give our residents. This initiative focuses on the mental, emotional, and physical well-being of our Staff. It starts with Wellness Days which are scheduled to begin at the end of June, with more forthcoming over the next few months. The first one will focus on mental and emotional health as Lorien employees will learn to recognize stressors and find ways to self-care in a healthy way.

Other companies, outside of healthcare, have also recognized the importance of whole-body health. In fact, **Crocs**, a company known for their comfortable shoes, offered to support our efforts and have donated a few hundred pairs of their antimicrobial slides to help support the physical health of our team. Again, stay plugged into our social media channels for more information and follow our hashtag: **#wholebodyhealth**.

We are Hiring

We have recently added two more members to our Centralized Recruitment team as Staff recruitment continues to be an everyday challenge. If you or someone you know has a caring heart and a knack for kindness, Lorien Health Services can help you use this very real talent and develop it into a career. We are offering free training, upfront education reimbursement and advancement opportunities for those who wish to build a fulfilling career in the healthcare field. [Click here](#) to learn more.

CNA/GNA/Caregivers Week

Finally, join us as we celebrate our wonderful CNAs, GNAs, and Caregivers during **CNA/GNA Week from June 16-22**. We value each one of them for their hard work and dedication to our families. If there is a particular nursing assistant that you would like to recognize on social media, please email JoAnn Presbitero jpresbitero@lorienhealth.com to let her know. Also, be sure to let them know what they mean to you when you see them in the buildings!

We wish you a wonderful Father's Day and a memory-filled holiday!

With care and appreciation,



Lou Grimmel, CEO