

Lorien Bel Air



HELLO
AUGUST
2024



AUGUST

IS NATIONAL FAMILY FUN MONTH

**Bring fun
activities to do
together**

**Dedicate a few
more hours
to visit**

**Bring great
grandchildren
to visit**

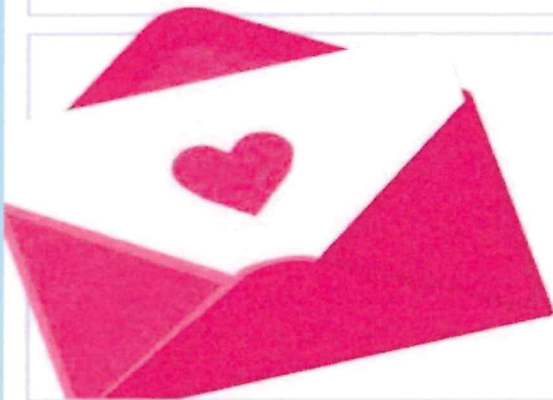
Spending time
together and indulging
in leisurely family
activities has many
benefits

5 Unique Ways to SHOW LOVE TO YOUR FAMILY



Discover Your Heritage

Compile a Family History about your ancestors or even living family members.

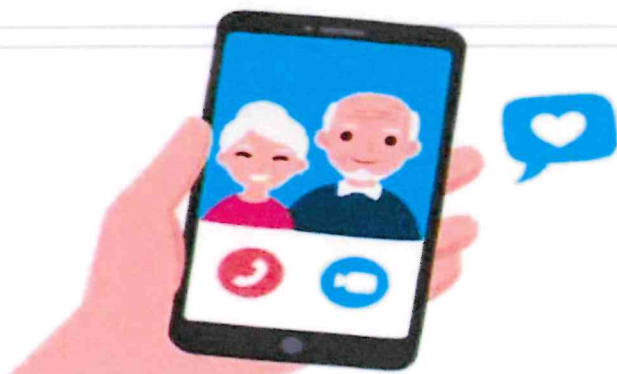


Send “ILY” Cards

Sending “I Love You” cards to family members who live close by or far away would be a welcomed surprise.

Family Cookbook

Food brings people together, especially family. You can type the recipes and place them in a binder. It will be cherished forever.



Catch Up

Life is busy. Make a point to call your loved ones, go visit them or even make a weekend trip out of it.

August is National Eye Exam Month

Here's something to think about—**over 70% of the country's workforce** requires some form of vision correction. That means there's a good chance that you may need some sort of vision correction during your lifetime. If you're one of those people who can hardly remember the last eye exam they had, then let this August be the month that you get back on track.



There's a reason we have a whole month devoted to eye exams. Getting a regular eye exam is the best way to ensure that you'll catch problems early, use the right prescription lenses, and generally keep your eyes in great shape. Even if you think all is well, an eye exam is something you really shouldn't be putting off.

Many problems with your eyes can go undetected for a while. You may think that your vision is pretty good, so that means there isn't a problem. This isn't necessarily true, though. Many times, only a dilated eye exam by your eye doctor can uncover eye diseases in their earliest stages. And it's in those early stages when many diseases are at their most treatable. Waiting until there's a noticeable problem can potentially make it harder to treat.

E

60 M

1

F P

30 M

2

T O Z

21 M

3

L P E D

15 M

4

P E C F D

12 M

5

E D F C Z P

9 M

6

F E L O P Z D

7.5 M

7

D E F P O T E C

6 M

8

L E F O D P C T

4.5 M

9

F D P L T C E O

4 M

10

P E Z O L C F T D

3 M


11

AUGUST


2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31


August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Location Key: (ICP) = Ice Cream Parlor (CY) = Courtyard (L) = Library (DR) = Dining Room (MPR) = Multipurpose Room (BLR) = Balloon Room (BFR) = Butterfly Room (BR) = Bird Room (BWH) = Broadway Hall (LTC) = Long Term Care Wednesdays Lunch Time Music in AL Dining Room</p>				<p>1. Colorado Day Morning 10:00 Card Club (BFR & BR) 10:30 Colorado Adventure (BFR & BR) 11:00 Artistic Expression (BR) Afternoon 1:30 J & J Duo (CY or cafe) 3:00 Relaxation & Aroma Therapy (BR) Evening 5:30 Nail Fun call extension 1414 to get on the list</p>	<p>2. Four Leaf Clover Day Beauty Shop Morning 9:30 Radio Social (BFR & BR) 10:00 Four Leaf Clover Bingo (BFR & BR) 10:00 Pets on Wheels with Chili 11:00 Artistic Expression (BR) Afternoon 1:30 Fit in Time (MPR) 2:00 Lucky Drinks Happy Hour with Lynn (MPR)</p>	<p>3. Disc Golf Day Morning Bingo Handout 10:00 Disc Golf Game (CY) Afternoon 1:30 Matinee "Caddy Shack" (MPR)  Evening 4:00 Young at Heart Club (BR)</p>

August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>4. Chocolate Chip Cookie Day Morning 10:00 Chocolate Chip Word Game (BLR & BR) Afternoon 1:30 Mt. Christian Church Service (BFR) 2:15 Milk & Cookie Social (BFR)</p>	<p>5. Morning 9:30 Pets on Wheels with Willow 10:00 Balloon Toss (BLR & BR) 10:30 AL Council (BLR & BR) 11:00 LTC Council (BR) 11:30 Artistic Expression (BR) Afternoon 1:00 Hallway Music Therapy with Chris (3rd) 1:30 Radio Social (BFR & BR) 2:00 Bingo (BFR & BR)</p>	<p>6. Candlelight Dinner Beauty Shop Morning 9:30-11:00 The Store Is Open 10:00 Rehab Activity Cart (BWH) 11:00 Artistic Expression (BR) Afternoon 1:00 Ice Cream Social (ICP) 1:30 Music with Steve (ICP) Evening 4:00 Candle Light Dinner with Flautist (RSVP at extension 1414 by August 1st) 6:00 Pets on Wheels with Willow Bee</p>	<p>7. Light House Day Morning 9:00 Pets on Wheels with Kuma 9:30 Trip to the Light House ^{sign} up at ext. 1414 10:00 Light House Mix Up (BLR & BR) 10:30 Corn Hole (BLR & BR) 10:30 Pets on Wheels with Max 11:00 Artistic Expression (BR) Afternoon 1:15 Zumba (Cafe) 2:00 Bingo (BFR & BR) Evening 4:30 Wine Down Wednesday (DR)</p>	<p>8. Morning 10:00 Legion of Mary Rosary and Communion Service (BLR) 11:00 Artistic Expression (BR) Afternoon 1:30 Sax Time with Danny (CY or cafe) 3:00 Relaxation & Aroma Therapy (BR) Evening 5:30 Nail Fun call extension 1414 to get on the list</p>	<p>9. Book Lover Day Beauty Shop Morning 9:30 Radio Social (BFR & BR) 10:00 Bingo (BFR & BR) 10:00 Pets on Wheels with Chili 11:00 Artistic Expression (BR) Afternoon 12:30 Silver Reader Van ^{initial sign up} required call extension 1414 1:30 Fit in Time (MPR) 2:00 Happy Hour with Greg (MPR)</p>	<p>10. Bowling Day Morning Bingo Handout 10:00 Bowling Tournament (BLR & BR) Afternoon 1:30 Matinee "Kingpin" (BR & MPR)  Evening 4:00 Young at Heart Club (BR)</p>


August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>11. Melon Day Morning 10:00 Melon Word Game (BLR & BR)</p> <p>Afternoon 1:30 New Covenant Church Service (BFR)</p> <p>2:15 Watermelon Social (CY)</p>	<p>12. Vinyl Record Day Morning 10:00 Balloon Toss (BLR & BR)</p> <p>10:30 Wheel of Fortune (BLR & BR)</p> <p>11:00 Artistic Expression (BR)</p> <p>Afternoon 1:00 Hallway Music Therapy with Chris (3rd Floor)</p> <p>1:30 Radio Social (BFR & BR)</p> <p>2:00 Bingo (BFR & BR)</p> <p>Evening 4:30 Vinyl Record Music on The Patio (CY)</p>	<p>13. Beauty Shop Morning 9:30-11:00 The Store Is Open</p> <p>10:00 Rehab Activity Cart (BWH)</p> <p>11:00 Artistic Expression (BR)</p> <p>Afternoon 1:00 Ice Cream Social (ICP)</p> <p>1:30 Color Therapy (ICP)</p> <p>Evening 6:00 Men's Club (BLR)</p> <p>6:00 Pets on Wheels with Willow Bee</p>	<p>14. Morning 10:00 Flower Arranging (BLR & BR)</p> <p>10:30 Pets on Wheels with Max</p> <p>Afternoon 1:15 Zumba (Cafe)</p> <p>1:30 Pets on Wheels with Zola</p> <p>2:00 Bingo (BFR & BR)</p> <p>Evening 4:30 Wine Down Wednesday (DR)</p>	<p>15. Relaxation Day Morning 10:00 Card Club (BFR & BR)</p> <p>10:30 Golf Game (BFR & BR)</p> <p>11:00 Artistic Expression (BR)</p> <p>Afternoon 1:30 Music with Vince (CY or cafe)</p> <p>3:00 Relaxation & Aroma Therapy (BR)</p> <p>Evening 5:30 Nail Fun</p> <p>call extension 1414 to get on the list</p>	<p>16. Kool Aide Day Beauty Shop Morning 9:30 Radio Social (BFR & BR)</p> <p>10:00 Kool Aide Bingo (BFR & BR)</p> <p>10:00 Pets on Wheels with Chili</p> <p>11:00 Artistic Expression (BR)</p> <p>Afternoon 1:30 Fit in Time (MPR)</p> <p>2:00 Spiked Kool Aide Cocktail</p> <p>Happy Hour with Bobby and The Kool Aide Man (MPR)</p>	<p>17. Honey Bee Day Morning Bingo Handout 10:00</p> <p>Honey Sticks & Bee Facts 10:15</p> <p>Honey Bee Word Game (BLR & BR)</p> <p>Afternoon 1:30 Matinee "Keeper of the Bees" (MPR)</p>  <p>Evening 4:00 Young at Heart Club (BR)</p>

August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>18. Bad Poems We Tell Our Kids Morning 10:00 Bad Poems Word Game (BLR & BR) Afternoon 1:30 Emmorton Baptist Church Service (BFR) 2:15 The Bad Poems We Tell Our Kids Reminisce (CY)</p>	<p>19. Root Beer Day Morning 10:00 Balloon Toss (BLR & BR) 10:30 Soda Jeopardy (BLR & BR) 11:00 Artistic Expression (BR) Afternoon 1:00 Hallway Music Therapy with Chris (3rd Floor) 1:30 Radio Social (BFR & BR) 2:00 Bingo (BFR & BR) Evening 4:30 Root Beer Social (CY)</p>	<p>20. Beauty Shop Morning 9:30-11:00 The Store Is Open 10:00 Rehab Activity Cart (BWH) 11:00 Artistic Expression (BR) Afternoon 1:00 Ice Cream Social (ICP) 1:30 Color Therapy (ICP) Evening 5:30 Ladies Night (BR) 6:00 Pets on Wheels with Willow Bee</p>	<p>21. Tea Day Morning 9:30 Dollar Tree <i>sign up at ext. 1414</i> 10:00 Ice Tea Social (BLR & BR) 10:30 Corn Hole (BLR & BR) 10:30 Pets on Wheels with Max 11:00 Artistic Expression (BR) Afternoon 1:15 Zumba (Cafe) 2:00 Bingo (BFR & BR) Evening 4:30 Long Island Ice Teas (DR)</p>	<p>22. Sunflower Day Morning 10:00 Legion of Mary Rosary and Communion Service (BLR) 11:00 Sunflower Craft (BR) Afternoon 1:30 Karaoke with Tom (Café) 3:00 Relaxation & Aroma Therapy (BR) Evening 5:30 Nail Fun <i>call extension 1414 to get on the list</i></p>	<p>23. Beauty Shop Morning 9:30 Radio Social (BFR & BR) 10:00 Bingo (BFR & BR) 10:00 Pets on Wheels with Chili 11:00 Artistic Expression (BR) Afternoon 1:30 Fit in Time (MPR) 2:00 Happy Hour with Brent (MPR)</p>	<p>24. Oriole Day Morning Bingo Handout 10:00 Baseball Reminisce (BLR & BR) Afternoon 2:00 Baltimore Oriole Day Games and Fun for The Whole Family (CY)</p>

August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>25. Morning 10:00 Word Game (BLR & BR) Afternoon 1:30 Saint Francis Church Service (BFR) 2:15 Sunday Social (BFR)</p>	<p>26. Toilet Paper Day Morning 10:00 Toilet Paper Toss (BLR & BR) 10:30 Price Is Right (BLR & BR) 11:00 Artistic Expression (BR) Afternoon 1:00 Hallway Music Therapy with Chris (3rd Floor) 1:30 Radio Social (BFR & BR) 2:00 Toilet Paper Bingo (BFR & BR) Evening 4:30 Patio Time (CY)</p>	<p>27. End of Summer Party Beauty Shop Morning 9:30-11:00 The Store Is Open 10:00 Rehab Activity Cart (BWH) 11:00 Artistic Expression (BR) Afternoon 1:30 Live Steel Drum Music and Ice Cream Sundae Bar (CY) Evening 6:00 Men's Club (BLR) 6:00 Pets on Wheels with Willow Bee</p>	<p>28. Cooking Demo Day Morning 9:00 Pets on Wheels with Kuma 9:30 Road Trip <i>sign up at ext. 1414</i> 10:00 Chocolate Croissant Making with Chef Rebecca (BFR) 11:00 Artistic Expression (BR) Afternoon 1:15 Zumba (Cafe) 2:00 Bingo (BFR & BR) Evening 4:30 Wine Down Wednesday (DR)</p>	<p>29. Morning 10:00 Card Club (BFR & BR) 10:30 AXE Throwing (BFR & BR) 11:00 Artistic Expression (BR) Afternoon 1:30 Cindy Sings (CY or Café) 3:00 Relaxation & Aroma Therapy (BR) Evening 5:30 Nail Fun <i>call extension 1414 to get on the list</i></p>	<p>30. Beauty Shop Morning 9:30 Radio Social (BFR & BR) 10:00 Bingo (BFR & BR) 11:00 Artistic Expression (BR) Afternoon 1:30 Fit in Time (MPR) 2:00 Happy Hour with Brent (MPR)</p>	<p>31. Princess Day Morning Bingo Handout 10:00 Princess Reminisce Afternoon 1:30 Matinee "Princess Diaries" (MPR)  Evening 4:00 Young at Heart Club (BR)</p>