

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2024



International Music Day 1
 10:30 Korean Church Service 2nd FDR
 11:30 Emoji Ball Toss
 2:00 True or False?
 2:30 Word Teasers
 3:00 Finishing Words
 3:30 Would You Rather...
 6:30 Music with Ken King

2
 10:45 Chair Fitness 2nd FDR
 11:30 Noodle Ball 2nd FDR
 2:00 Music with Bruce 2nd FDR
 3:30 Bingo 2nd FDR
 4:30 Star of the Month 2nd FDR

Rosh Hashanah Begins

3
 10:45 Fit Thursday
 11:30 Ball Toss 2nd FDR
 2:00 St. Stephen's Church
 2:30 Afternoon Stretch
 3:00 Baked with Love
 Scrabble 2nd FDR
 3:30 Nails by Design 2nd FDR
 5:30 Rosh Hashanah Dinner & Celebration 2nd FDR

4
 10:30 Korean Church Service 2nd FDR
 11:30 Current Events 2nd & 3rd FDR
 2:00 Bingo 2nd FDR
 3:15 National Cinnamon Roll Day Social 2nd FDR
 3:45 Open Recreation 2nd FDR

5
 10:45 AM Stretch 2nd FDR
 11:30 Spelling Architecture 2nd FDR
 2:00 Finish the Phrase 2nd FDR
 2:30 Searching for Tea Word Game 2nd FDR
 3:00 Jeopardy Trivia 2nd FDR
 3:30 Social 2nd FDR

6
 10:45 AM Workout with Jane 2nd FDR
 11:30 Spiritual Reflections 2nd FDR
 2:00 Jeopardy (Game) 2nd FDR
 2:30 Re-memory 2nd FDR
 3:00 You Be the Judge
 3:30 Open Recreation

7
 10:45 Fit Monday 2nd FDR
 11:30 October Fun Facts 2nd FDR
 2:00 Music with Musical Encounters 2nd FDR
 2:30 Re-memory 2nd FDR
 3:00 Can You Name 5? 2nd FDR
 3:30 Did You Know...2nd FDR

8
 10:30 Korean Church Service 2nd FDR
 11:30 Volleyball 2nd FDR
 2:00 Musical Baseball Trivia 2nd FDR
 2:30 Scattergories 2nd FDR
 3:00 Double Trouble Word Game 2nd FDR

9
 10:45 Simon Says 2nd FDR
 11:30 Bowling 2nd FDR
 2:00 Bingo 2nd FDR
 3:15 Which Word Doesn't Belong? 2nd FDR
 3:45 Random Trivia

10
 10:45 Musical Chairs 2nd FDR
 11:30 Balloon Volley
 2:00 Picture It- Can You See the Big Picture? 2nd FDR
 2:30 Spelling Bee 2nd FDR
 3:00 Concentration Puzzles 2nd FDR
 3:30 Fancy Nails 2nd FDR

National Sausage Pizza Day 11
 10:30 Korean Church Service 2nd FDR
 11:30 Current Events 2nd FDR
 2:00 Bingo 2nd FDR
 3:15 Yom Kippur Social
 3:45 More Jeopardy Trivia

Yom Kippur Begins

12
 10:45 AM Fitness 2nd FDR
 11:30 Emoji Toss 2nd FDR
 2:00 Music Bingo 2nd FDR
 2:30 Musical Baseball Trivia
 3:00 October Table Top Tidbits 2nd FDR
 3:30 "Ten" Puzzle 2nd FDR

National M&M Day 13
 10:45 Exercises with Marjorie 2nd FDR
 11:30 Spiritual Reflections 2nd FDR
 2:00 Finishing the Lyrics 2nd FDR
 2:30 Trivia 2nd FDR
 3:00 Family Feud 2nd FDR

14
 10:45 Fitness 2nd FDR
 11:30 Popcorn Game
 2:00 Music with Vintage Entertainment 2nd FDR
 3:00 National Dessert Day Social 2nd FDR
 3:30 Indigenous People's Day Social 2nd FDR

Thanksgiving Day (Canada)
 Indigenous Peoples' Day
 Columbus Day (US)

15
 10:30 Korean Church Service 2nd FDR
 11:30 Fit Tuesday
 2:00 Pumpkin Decorating 2nd FDR
 3:00 Order Up Game 2nd FDR
 3:30 Travelogue- Borneo 2nd FDR

16
 10:45 Senior-Cise 2nd FDR
 11:30 Balloon Volley 2nd FDR
 2:00 Bingo 2nd FDR
 3:15 Clueless: A Not-so-Ordinary Dinner Party-Drama
 3:45 Say It with Music 2nd FDR

Sukkot Begins

17
 10:45 Step to the Beat 2nd FDR
 11:30 Table Top Ball
 2:00 St. Stephen's Church 2nd FDR
 2:30 Secret Boss Quote 2nd FDR
 3:00 You Be the Judge/Apple Cider 2nd FDR
 3:30 Nails Pro 2nd FDR

18
 10:30 Korean Church Service 2nd FDR
 11:30 Current Events 2nd & 3rd FDR
 2:00 Bingo 2nd FDR
 2:10 Resident Council 1st FFG
 3:15 National Chocolate Cupcake Day Social 2nd FDR
 3:45 Random Trivia 2nd FDR

19
 10:45 Morning Stretches 2nd FDR
 11:30 Word Mining 2nd FDR
 2:00 Afternoon Stretch
 2:30 Exposing the Secret Word 2nd FDR
 3:00 Trash & Treasure 2nd FDR
 3:30 Puzzles & Ponderings 2nd FDR

20
 10:45 AM Workout
 11:30 Spiritual Reflections 2nd FDR
 2:00 PM Stretch 2nd FDR
 2:30 Riddle Me This.. 2nd FDR
 3:00 Finishing Words 2nd FDR
 3:30 Open Recreation 2nd FDR

21
 10:45 AM Aerobics 2nd FDR
 11:30 Free Flowing Workout
 2:00 Modern Jeopardy Trivia 2nd FDR
 2:30 National Pumpkin Cheesecake Day 2nd FDR
 3:00 Look It Up 2nd FDR
 3:30 What AM I? 2nd FDR

22
 10:30 Korean Church Service 2nd FDR
 11:30 Music with Exercise
 2:00 Craft Corner 2nd FDR
 3:00 Scary Movie Title Mashup Word Game 2nd FDR
 3:30 Bases Loaded Laughs 2nd FDR

23
 10:45 Movement, Music & Dance 2nd FDR
 11:30 Parachute Game 2nd FDR
 2:00 Music with Sea Depth/ Birthday Recognition/ National Boston Cream Pie Day 2nd FDR
 3:30 Bingo 2nd FDR

24
 10:45 Range of Motion 2nd FDR
 11:30 What Phrase Comes Next 2nd FDR
 2:00 What Star AM I?
 2:30 Wacky Wordies 2nd FDR
 3:00 October IQ? 2nd FDR
 3:30 Pretty Nails 2nd FDR

Simchat Torah Begins

25
 10:30 Korean Church Service 2nd FDR
 11:30 Current Events 2nd FDR
 2:00 Bingo 2nd FDR
 3:15 Designated Hitter Mining 2nd FDR
 3:45 Ghostbuster Game 2nd FDR

26
 10:45 AM Movement
 11:30 Giant Crossword Fun! 2nd FDR
 2:00 Pondering Prompts 2nd FDR
 2:30 Who AM I? 2nd FDR
 3:00 Missing First Letter 2nd FDR
 3:30 What's Year was It?

27
 10:45 Morning Exercises 2nd FDR
 11:30 Spiritual Reflections 2nd FDR
 2:00 Hummable 2nd FDR
 2:30 Mind Joggers 2nd FDR
 3:00 Who AM I? 2nd FDR
 3:30 Pinch Categories 2nd FDR

28
 10:45 Music & Movement
 11:30 Table Top Ball
 2:00 Jokes & Riddles 2nd FDR
 2:30 National Chocolate Day Social 2nd FDR
 3:00 Bopping at the Ball Game 2nd FDR
 3:30 The Allure & Mystery of Bats 2nd FDR

29
 10:30 Korean Church Service 2nd FDR
 11:30 Let's Workout!
 2:00 Great Categories
 2:30 Go to "Bat" 2nd FDR
 3:00 Believable or Batty? 2nd FDR
 3:30 Going to Bat for Grimelda (Drama) 2nd FDR

National Candy Corn Day 30
 10:45 Arm & Leg Stretches 2nd FDR
 11:30 Flyswatter Volley 2nd FDR
 2:00 Bingo 2nd FDR
 3:15 Trudy and the Bat House
 4:00 Volunteer Dinner

31
 10:45 AM Greetings
 Costume Dressing 2nd FDR
 2:00 St. Stephen's Church
 2:30 Remembering Costumes
 3:00 Ghoulishly Funny Riddles 2nd FDR
 3:30 Music Trivia 2nd FDR
 6:30 Halloween Party/Magic Show with Anthony 2nd FDR

Halloween

