

# NEWSLETTER

## February 2025



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# Directory

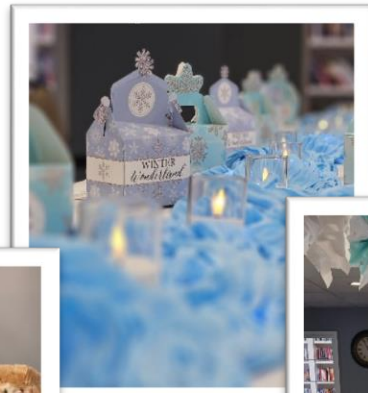
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These extensions are exclusively available for in-house phones. If you're calling from a cell phone or from outside the building, please dial 410-531-6000 and request the desired extension.

# What We've Been Up To

## Winter Wonderland Tea Party

The ladies had a delightful winter wonderland tea party, featuring seasonal decorations, an array of sandwiches and cookies, and, of course, steaming cups of tea.



## Card Making

Our residents gathered for a wonderful DIY session, crafting beautiful, custom cards for their friends and family. The results were fantastic! Keep an eye out for more card-making sessions on the calendar in the upcoming months.



# Words of Wisdom

Submitted by Gail Settle



“I am still every age that I have been. Because I was once a child, I am always a child. Because I was once a searching adolescent, given to moods and ecstasies, these are still part of me, and always will be... This does not mean that I ought to be trapped or enclosed in any of these ages...the delayed adolescent, the childish adult, but that they are in me to be drawn on; to forget is a form of suicide... Far too many people misunderstand what \*putting away childish things\* means, and think that forgetting what it is like to think and feel and touch and smell and taste and see and hear like a three-year-old or a thirteen-year-old or a twenty-three-year-old means being grownup. When I'm with these people I, like the kids, feel that if this is what it means to be a grown-up, then I don't ever want to be one. Instead of which, if I can retain a child's awareness and joy, and \*be\* fifty-one, then I will really learn what it means to be grownup.”

— Madeleine L'Engle

# Upcoming Events

## **Wicked Movie Premiere**

Thursday February 6<sup>th</sup> 5:30pm, Movie Theater

## **Documentary - The Black Cowboys**

Friday February 7<sup>th</sup> 10:30am, Movie Theater

## **Super Bowl**

Sunday February 9<sup>th</sup> 6:30pm, Movie Theater

## **Valentine's Day Dinner**

Friday February 14<sup>th</sup> 4:00 – 6:00pm, Carmella's

## **Valentine's Day Entertainment with Steve Flynn**

Friday February 14<sup>th</sup> 6:00pm, Lobby

## **Play Reading Circle**

Monday February 17<sup>th</sup> 6:00pm, 2<sup>nd</sup> Floor

## **Documentary – 4 Little Girls**

Monday February 18<sup>th</sup> 11:00am, Movie Theater

## **Classical Guitarist**

Wednesday February 26<sup>th</sup> 6:00pm, Lobby



## **Celebrating February**

### **Black History Month**

### **Groundhog Day**

*February 2*

### **Thank a Mail Carrier Day**

*February 4*

### **Superbowl Sunday**

*February 9*

### **Galentine's Day**

*February 13*

### **Valentine's Day**

*February 14*

### **President's Day**

*February 17*

### **Drink Wine Day**

*February 18*

### **World Spay Day**

*February 25*

# Regular Events

## **Women's Bible Study**

Every Monday 10:30am Parlor

## **Bayada Talk**

Every 2<sup>nd</sup> Tuesday 11:00am Movie Theater

## **Movement Exploration**

Every Tuesday & Thursday 10:00am Lobby

## **Ice Cream Social**

Every Tuesday 1:30pm 2<sup>nd</sup> Floor

## **Just Bead It**

Every 4<sup>th</sup> Tuesday 11:00am 2<sup>nd</sup> Floor

## **Tai Chi/Yoga**

Every Wednesday 10:30am, Lobby

## **Music Appreciation**

Every Wednesday 1:00pm, Movie Theater

## **Q & A**

Every 4<sup>th</sup> Thursday 3:00pm 2<sup>nd</sup> Floor

## **Dr. Lazris**

Every 3<sup>rd</sup> Wednesday, 10:00am 2<sup>nd</sup> Floor

## **Catholic Communion and Prayer**

Every Thursday 2:00pm Parlor

## **Catholic Communion**

Every Sunday 9:00am Parlor

## **Happy Hour**

Every Friday 2:00pm Lobby

## **Jewish Services**

Every Friday 10:45am Parlor

## **Bingo!**

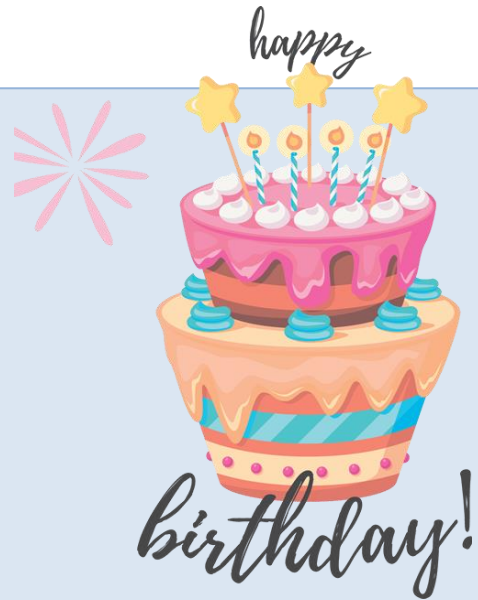
Every Monday, Wednesday, Saturday & Sunday 1:00pm 2<sup>nd</sup> Floor



# February Birthdays

In February, we celebrate birthdays with:

- **George Knight** 02/02
- **Richard Ashlin** 02/06
- **Betty Thoreson** 02/07
- **Rod Michel** 02/07
- **Beverly Fossum** 02/09
- **Michael Sherman** 02/10
- **Portia Grantham** 02/14
- **Pam Baglieri** 02/18
- **Joe Wetherington** 02/19
- **Cicely Finklestein** 02/22
- **Jae Shim** 02/23
- **Edith Tenen** 02/28



## Fascinating Leap Year Trivia

**Leap Year Logic:** Leap years occur every four years to keep the calendar aligned with Earth's 365.25-day orbit. Without them, seasons would slowly drift out of sync.

**Why "Leap" Year?:** In a leap year, calendar dates jump ahead by two days instead of the usual one (e.g., January 1 might move from Monday to Wednesday).

**Rare Birthdays:** February 29, the rarest birthday, only comes once every four years. People born on this day are called "leaplings" or "leapers" and celebrate on February 28 or March 1.

## Aquarius (Jan 20 – Feb 18)

Aquarians are shy & quiet deep thinkers who love helping others.

## Pisces (Feb 19 – Mar 12)

Pisces are friendly and selfless. They are always willing to help others

# Poem to Share

## The Joy of Age

*by John McLeod*

It's true we're not as young,  
As once we used to be,  
But there's so much more to life,  
Than youthful energy.

We've wisdom in abundance,  
And stories yet to share,  
A kindness in our hearts,  
And memories beyond compare.

The laughter of a lifetime,  
The love that never fades,  
The courage we have gathered,  
From all the paths we've made.

So let us greet each morning,  
With gratitude and cheer,  
For age has brought its treasures,  
And every day is dear.



# Noticeboard



## NEW RESIDENTS

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A very warm welcome to:

- **Robert Berlette**
- **Joe Steckler**
- **Natalie Rosolio**
- **Diana Norris**
- **Herman Mays**

We hope that you enjoy your time here!

## BLACK HISTORY MONTH

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February marks Black History Month, during which we will celebrate the contributions of Black actors, actresses, musicians, and comedians through various activities. Additionally, we will showcase the documentary "4 Little Girls," which focuses on the tragic 16th Street Baptist Church bombing, along with another documentary titled "The Black Cowboys."

## IN MEMORIAM

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We honor and cherish the memories of those who have left our community. May they find eternal peace.

- **Elsie Lyons**
- **Helga Schmidt**
- **Craig Heald**
- **Richard Kidwell**
- **Norman Roskos**

## FAMILY NIGHTS

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Gather your family and friends to enjoy some quality time together. Join your loved ones on Wednesdays for Game Night and on Thursdays for Bingo at 6:30pm on the 2nd Floor!



# Noticeboard



## BEAUTY SALON

The hairdresser is available every Tuesday, Wednesday and Thursday from 10am to 2pm.



## EVENING HAPPY HOUR

6:00PM LOBBY

Tuesday February 4<sup>th</sup> & 18<sup>th</sup>

***Larry & Bill***

Tuesday February 11<sup>th</sup> & 25<sup>th</sup>

***Empty Ecstasy***

## LIBRARY

Step into a world of imagination and knowledge on the 2nd floor library! Whether you're a fan of epic tales, intriguing mysteries, or factual accounts, our fiction and non-fiction collections have something for everyone. Plus, challenge your mind with our selection of puzzles.

## RESIDENT TRIPS

**10:45am**

- 1<sup>st</sup> Tuesday of the month – Walmart
- 2<sup>nd</sup> Tuesday of the month – Giant (30 minutes)
- 3<sup>rd</sup> Tuesday of the month – Target
- 4<sup>th</sup> Tuesday of the month – Resident's Choice

**1:00 – 2:00pm**

Friday – Giant

## CRAFTY CREATIONS

**Monday, February 3**

**6:00pm 2<sup>nd</sup> Floor**

**Thursday, February 6**

**2:30pm 2<sup>nd</sup> Floor**

**Valentine's Day Centerpieces**



**Monday, February 24**

**6:00pm 2<sup>nd</sup> Floor**

**Mardi Gras Hair Clips**



# Laughing Matters



## Love Jokes...

\*\*\*\*\*

Fred is 32 years old and he is still single.

One day a friend asks, "Why aren't you married? Can't you find a woman who will be a good wife?"

Fred replies, "Actually, I've found many women I wanted to marry, but when I bring them home to meet my parents, my mother doesn't like them."

His friend thinks for a moment and says, "I've got the perfect solution, just find a girl who's just like your mother."

A few months later they meet again and his friend says, "Did you find the perfect girl? Did your mother like her?"

With a frown on his face, Fred answers, "Yes, I found the perfect girl. She was just like my mother. You were right, my mother liked her very much."

The friend said, "Then what's the problem?"

Fred replied, "My father doesn't like her."

\*\*\*\*\*

In order to be happy with a man you must understand him a lot and love him a little.

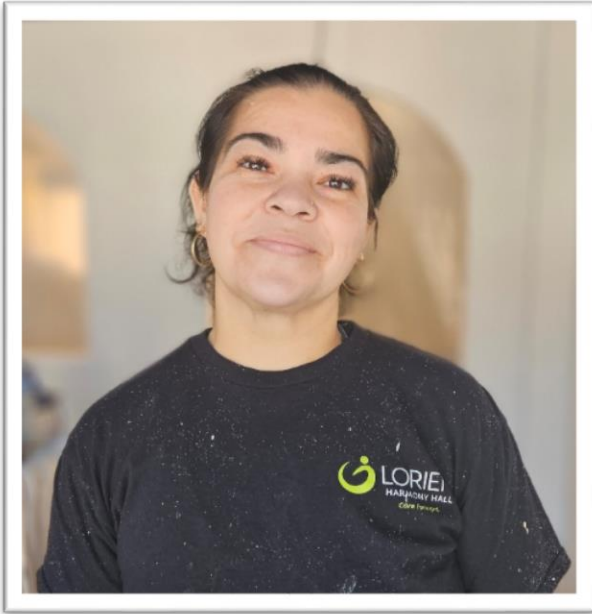
To be happy with a woman, you must love her a lot and not try to understand her at all.

\*\*\*\*\*

A recent study has found that women who carry a little extra weight live longer than the men who mention it.

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# Employee Spotlight



## Meet Carla Manchame

Carla is our Employee of the Month for February. Born and raised in Honduras, Carla embarked on a diverse career after graduating high school, working in baking, cosmetology, flooring, carpentry, and painting. She is the proud mother of four children, aged 22, 19, 15, and 5. In 2005, she relocated to Maryland with her two eldest children. For the past year, Carla has been a dedicated painter at Harmony Hall, where you can often find her transforming spaces throughout the building. She looks forward to coming into work, appreciates the family-like atmosphere, and enjoys being part of such a fantastic team under a wonderful boss. In her free time, she enjoys dancing, and on weekends, she takes on remodeling projects as a self-employed contractor.

# Word Search

## VALENTINE'S DAY



P V F L O W E R S T J L V M  
K R B S C H O C O L A T E V  
U O O W Z C Y R E L O T L S  
L M S E H H S N P N A V S F  
L A C E Y G I U E I U E E R  
K N J T U T Y M Y L N N M I  
V C E H N D T P L D H K Y E  
W E O E N E P F N K E R H N  
D J L A G A R I T I A A B D  
B A C R H K K F T U R E D S  
V U O T L O V E R S T I U D  
W F K Y I F T B L K P Z T A  
J X C N W Z E C L U C M R A  
D N Z O X F O S C A R D S O

Lovers

Heart

Sweetheart

Valentine

Red

Hugs

Pink

Chocolate

Lace

Romance

Love

Friends

Kindness

February

Flowers

Forget-me-not

Happy

Cupid

Cards

Candy